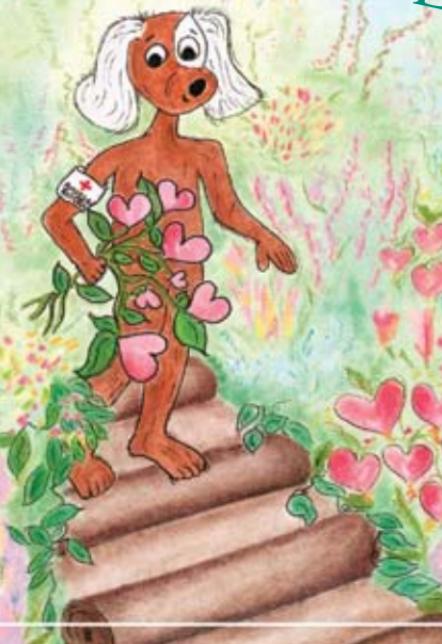


WRITTEN & ILLUSTRATED BY
Phebe Phillips

You're Loved...But This You Knew Eres Amado...Pero Esto Usted Ya Lo Sabe



This Book Belongs To

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DATE RECEIVED



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You're Loved...But This You Knew
Eres Amado...Pero Esto Usted Ya Lo Sabe



AnnaPalina Publishing
annapalinapublishing.com
Dallas, Texas



**Why
me...
yo...**

**¿Por qué
yo...
yo?**

**me, me...me, me...me, me?
I'm sad, I'm mad. I used to be happy, I used to be glad.
I'm afraid, I feel pain. I want my world back, I want it the same!**

**yo, yo...yo, yo...yo, yo?
Estoy triste, Estoy enojado. Yo solía ser feliz, yo solía
ser contento. Tengo miedo, y siento dolor. Quiero mi
mundo de vuelta, quiero lo mismo!**



Why did this happen? Please tell me now.
Can someone explain? Am I to blame?

You are not to blame and should never feel shame.

**Sometimes life changes with a flame or a flood.
Sometimes it's wind and a great big THUD!**

¿Por qué sucedió esto? Por favor, dígame ahora. ¿Puede alguien explicar?
Tengo yo la culpa? Usted no tiene la culpa, y nunca debe sentir vergüenza.

**A veces la vida cambia con un incendio o una inundación.
A veces es el viento y con un grande ruido!**



Sometimes the body can get
very ill, making you swallow
a great BIG PILL.

A veces el cuerpo puede
sentirse muy mal, Y necesita
**tomar una PASTILLA
GIGANTE.**

Sometimes things
leave...gone for
good. If only,
if only, this could
be understood.



A veces las cosas se van...Y se
van para siempre. Si sólo, si solo,
Esto se podría entender.

People want to help and answer your cries, but sometimes they don't even know why! They scratch their heads and imagine your pain. This pain, from which, you have much to gain.

La gente quiere ayudar y responder a sus gritos, pero a veces no saben ni por qué! Ellos se rascan la cabeza e imaginan su dolor. Este dolor tiene mucho que ganar.



There are breaks of the bones and breaks of the heart. Both can give you a fresh new start.

Hay roturas de los huesos, y las pausas del corazón. Ambos pueden dar un nuevo comienzo.



The Earth is watered, new growth comes with rain. You and Earth are a lot the same. Tears water your heart, so you can grow, and in your heart you begin to know...

La Tierra se riega, el crecimiento de nuevo viene con la lluvia. Usted y la Tierra son iguales. Lágrimas riegan su corazón para que puedan crecer, y en tu corazón se empieza a saber...



**It's Ok to be sad or mad or afraid.
It's Ok to think back to that perfect day.
Your world was nice, everything in place,
but now you have a chance for a brand new space.**

**Es normal sentirse triste o enojado o asustado.
Está bien de nuevo para pensar en este día perfecto.
Su mundo era bonito, todo en su lugar,
pero ahora usted tiene la oportunidad
de un nuevo espacio.**



New space where you live. New space
in your heart. New space that comes
from a promising new start.



Nuevo espacio donde usted
vive. Nuevo espacio en su
corazón. Nuevo espacio que
viene de un comienzo nuevo.



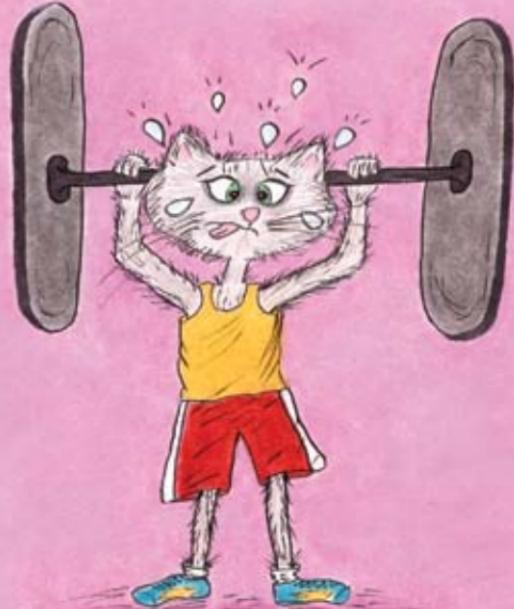
DRAW OR PASTE A PICTURE OF YOURSELF
DIBUJAR O PEGAR UNA IMAGEN DE USTED MISMO.

The world
is special
beginning
with you.
You, yes,
YOU are
special too.

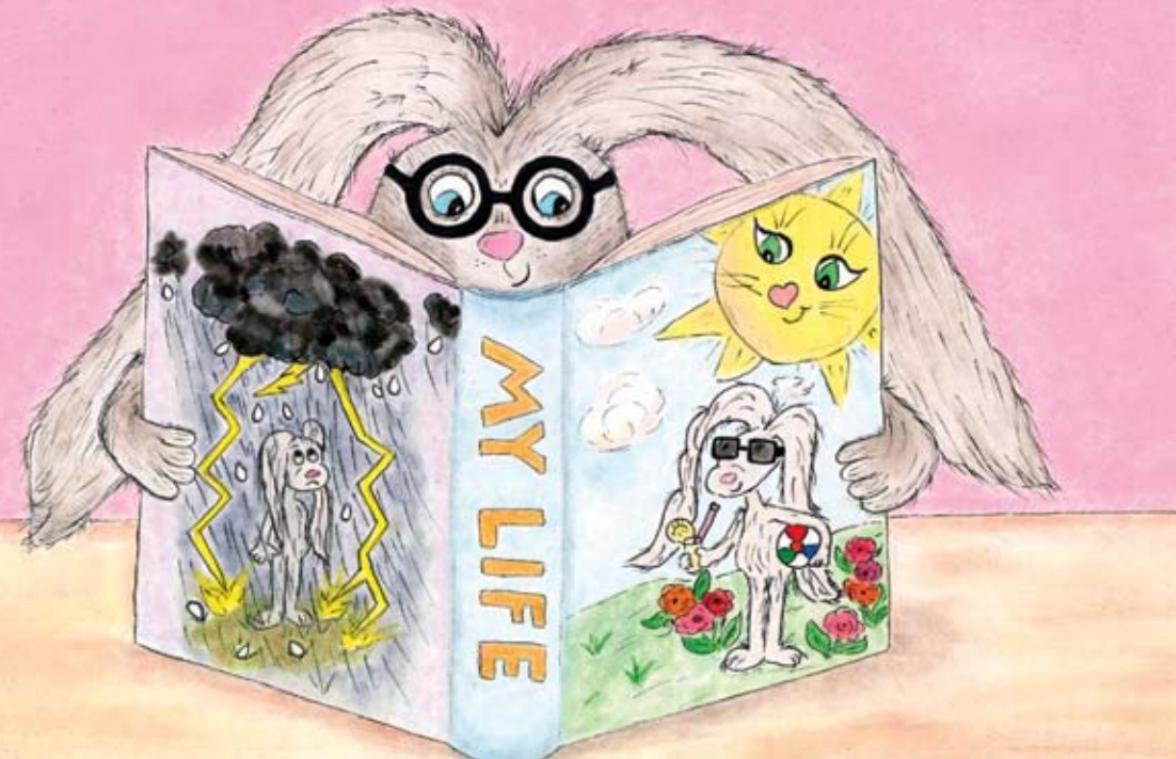
El mundo
es especial
empezando
con usted.
Usted, si,
Usted es
muy especial
tambien.

Sometimes the worst happens
to the best. Sometimes the most
SPECIAL get put to the test.
These are the things that make
you unlike the rest. These are the
things that can bring out your best.

A veces lo peor sucede a los
mejores. A veces los más especiales
los ponen a prueba. Estas son
las cosas que hacen la diferencia
del resto. Estas son las cosas que
puede sacar lo mejor de usted.



Your life is a story with
good and bad. Your life is a
book both happy and sad.



Su vida es una historia con
buenas y malas. Su vida es
un libro feliz y triste.



Your world
will get better,
someday, coming
soon. Till then
remember to
wish on the
moon.

Su mundo
va a mejorar
algún día muy
pronto. Hasta
ese momento
recuerda pedir un
deseo a la luna.



You have a choice to be mad or glad.
You have a choice to be happy or sad.
Choose the light, little friend. Be happy
with glee! It may take some work
to get there, you'll see...

Usted tiene la opción de estar enojado
o feliz. Usted tiene la opción de ser
feliz o triste. Elija la luz amiguito.
Se feliz y alegre! Puede tomar algo
de trabajo para llegar, pero verás...



You're special, you're special, you're special...
yes, YOU. You're loved, you're loved,
you're loved...but this, you knew!

Que eres especial, eres especial, eres
especial...sí, usted. Eres amado, eres amado,
eres amado...pero esto usted ya lo sabe!

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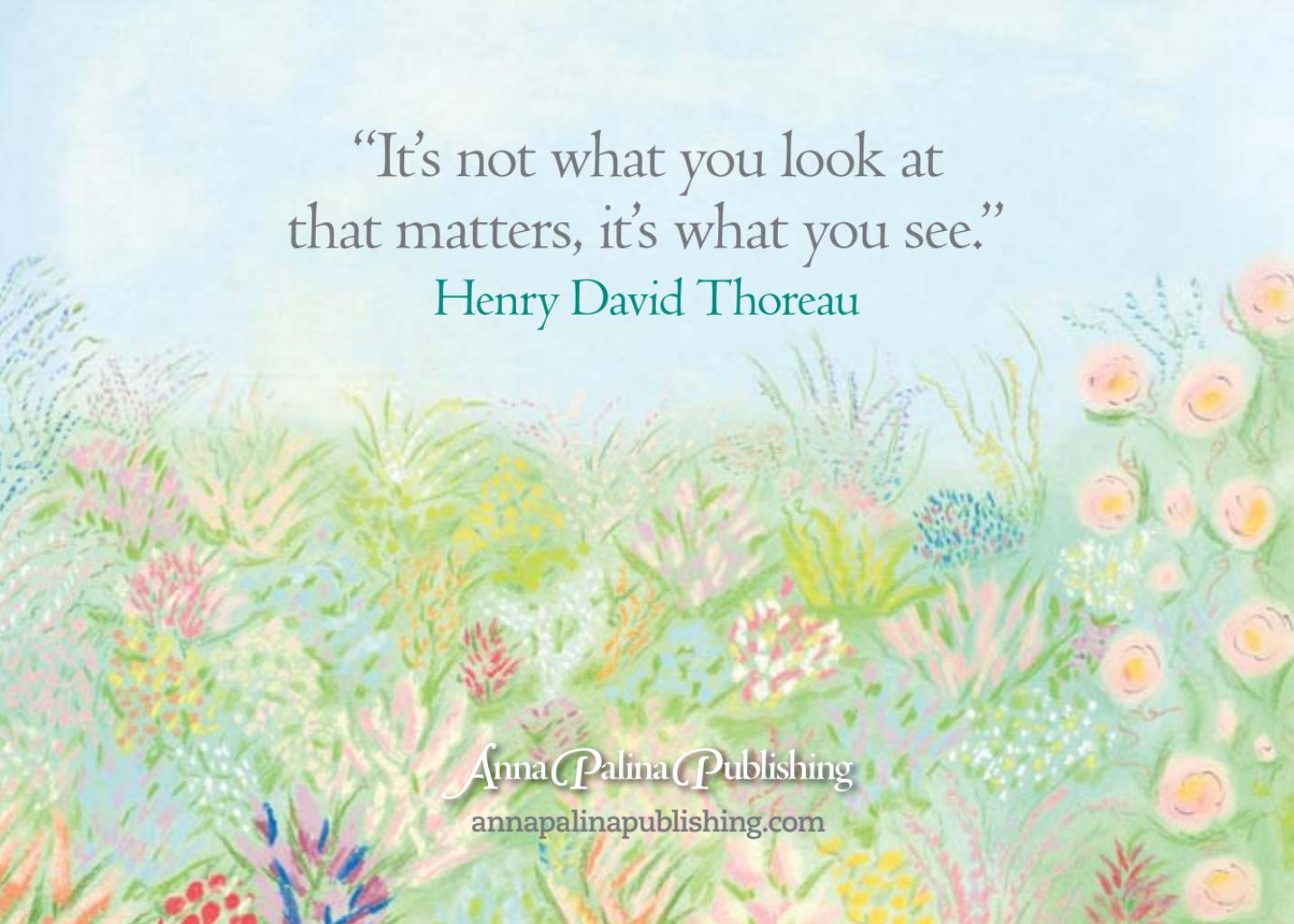
About the Author

Phebe Phillips (that's me) has spent years designing children's stuffed toys. I live in a "light box" very high up in the sky in Dallas, Texas with my husband Mac Hargrove and silver-colored standard poodle Henry Franklin Hargrove. I like reading books, thinking creative thoughts and looking at trees and hawks (see if you can find a hawk in one of the illustrations). This is a photo of me around age 3½. Sometimes we all have days that make us wonder "Why Me?"

To see what I look like now and find out more about my work, visit my website at www.phebephillips.com or email me at phebe@phebephillips.com.



Phebe Phillips, age 3½
(she's grown up now)



“It’s not what you look at
that matters, it’s what you see.”

Henry David Thoreau

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